

# **State Mental Health Agency**

For more information about admission, care, treatment, release, and patient follow-up in public or private psychiatric residential facilities, contact your State mental health agency:

Lucy D. Hadi, Secretary
Department of Children and Families
1317 Winewood Boulevard
Building 1, Room 202
Tallahassee, FL 32399-0700

Phone: 850-488-8304 Fax: 850-487-2239

E-mail: <a href="mailto:dcf-osc@dcf.state.fl.us">dcf-osc@dcf.state.fl.us</a>
Internet: <a href="mailto:www.state.fl.us/cf\_web">www.state.fl.us/cf\_web</a>

Spanish language assistance available

## **State Substance Abuse Agency**

Contact your State substance abuse agency for information about treatment and care of substance abuse disorders:

Substance Abuse Program Office Department of Children and Families 1317 Winewood Boulevard Building 6, 3<sup>rd</sup> Floor

Tallahassee, FL 32399-0700 Phone: 850-921-8461

Fax: 850-414-7474

Internet: www.dcf.state.fl.us/mentalhealth/sa

## **State Protection and Advocacy Agency**

Each State has a protection and advocacy agency that receives funding from the Federal Center for Mental Health Services. Agencies are mandated to protect and advocate for the rights of people with mental illnesses and to investigate reports of abuse and neglect in facilities that care for or treat individuals with mental illnesses. These facilities, which may be public or private, include hospitals, nursing homes, community facilities, board and

care homes, homeless shelters, jails, and prisons. Agencies provide advocacy services or conduct investigations to address issues that arise during transportation or admission to such facilities, during residency in them, or within 90 days after discharge from them. Contact:

Gary Weston, Executive Director

The Advocacy Center for Persons with Disabilities, Inc.

2728 Centerview Drive, Suite 102

Tallahassee, FL 32301 Phone: 850-488-9071 Toll-free: 800-342-0823 Suncom: 278-9071 TDD: 800-346-4127 Fax: 850-488-8640

E-mail: <u>info@advocacycenter.org</u> Internet: <u>www.advocacycenter.org</u>

Spanish language assistance available

# **Family Support**

The Center for Mental Health Services awards grants to statewide, family-run networks to provide support and information to families of children and adolescents with serious emotional, behavioral, or mental disorders. For more information, contact:

Connie J. Wells, Executive Director Florida Federation of Families for Children's Mental Health

A Project of the Florida Institute for Family Involvement

3927 Spring Creek Highway Crawfordville, FL 32327 Phone: 850-926-4230 Toll-free: 877-926-3514 Fax: 240-358-6542

E-mail: <a href="mailto:cjwells@sprynet.com">cjwells@sprynet.com</a>
Internet: <a href="mailto:www.fifionline.org">www.fifionline.org</a>



## **Centers for Medicare and Medicaid Services (CMS)**

The Centers for Medicare and Medicaid Services, which are part of the Department of Health and Human Services, investigate some complaints about treatment facilities that receive Medicare and Medicaid funding. For further information at the national level, contact:

Centers for Medicare and Medicaid Services 7500 Security Boulevard Baltimore, MD 21244-1850 Phone: 410-786-3000

Toll-free: 877-267-2323 TDD: 866-226-1819 E-mail: question@cms.gov

Internet: www.CMS.gov

You may also share your concerns with staff at the Centers for Medicare and Medicaid Services office in your area, which is Region 4. The regional office address and telephone numbers are:

Atlanta Regional Office Centers for Medicare and Medicaid Services Atlanta Federal Center 61 Forsyth Street, Southwest, Suite 4T40 Atlanta, GA 30303

Phone: 404-562-7500 Fax: 404-562-7162

Internet: www.CMS.gov/RegionalOffices/05 RO4.asp

# **Advocacy Organizations**

Mental Health America (formerly the National Mental Health Association) maintains a referral and information center and can help you locate local chapters. These local groups have information about community services and engage in national and State level advocacy. For more information about the association, write or call:

Mental Health America Resource Center 2000 N. Beauregard Street - 6th Floor Alexandria, VA 22311

Phone: 703-684-7722 Toll-free: 800-969-6642 TDD: 800-433-5959 Fax: 703-684-5968

E-mail: <u>infoctr@nmha.org</u> Internet: <u>www.nmha.org</u> The National Alliance on Mental Illness maintains a helpline for information on mental illnesses and referrals to local groups. The local self-help groups have support and advocacy components and offer education and information about community services for families and individuals. For information about the Alliance's affiliates and activities in your State, contact:

NAMI Florida 911 East Park Avenue Tallahassee, FL 32301 Phone: 850-671-4445 Toll-free: 877-626-4352 Fax: 850-671-5272

E-mail: <a href="mailto:namifl.org">namifl.org</a>
Internet: <a href="mailto:www.namifl.org">www.namifl.org</a>

Statewide consumer organizations are run by, and for, consumers of mental health services and promote consumer empowerment. These organizations provide information about mental health and other support services at the State level and are active in addressing and advocating for mental health system issues. For information about consumer activities in your area, contact:

May Rand, Executive Director Florida Consumer Action Council for Mental Health, Inc. 3255 Bliss Road

Orange Park, FL 32065-6803

Phone: 904-264-6398 E-mail: <u>info@fcacmh.org</u> Internet: <u>www.fcacmh.org</u>

The National Mental Health Consumers' Self-Help Clearinghouse, funded partly by the Center for Mental Health Services, promotes and helps to develop consumerrun self-help groups across the country. Technical assistance and materials are available on such topics as organizing groups, fundraising, leadership development, incorporating, public relations, advocacy, and networking. For more information, contact:

The National Mental Health Consumers' Self-Help Clearinghouse 1211 Chestnut Street, Suite 1207 Philadelphia, PA 19107



Phone: 215-751-1810

Toll-free: 800-553-4KEY (539)

Fax: 215-636-6312

E-mail: <u>info@mhselfhelp.org</u> Internet: <u>www.mhselfhelp.org</u>

The National Empowerment Center is a Technical Assistance Center run by mental health consumers/survivors. The Center's mission is to carry a message of recovery, empowerment, hope and healing to people who have been diagnosed with mental illness. The Center provides information and referrals to consumer/survivor resources nationwide and offers technical assistance to individuals and groups involved in consumer empowerment activities. The Center distributes recovery-related publications and sponsors education and training activities. For information on consumer/survivor activities in your area, contact:

The National Empowerment Center 599 Canal Street Lawrence, MA 01840

Phone: 978-685-1494 Toll-free: 800-769-3728 Fax: 978-681-6426

E-mail: <u>info4@power2u.org</u> Internet: <u>www.power2u.org</u>

The Consumer Organization & Networking Technical Assistance Center (CONTAC) funded by the Center for Mental Health Services, is a resource center for consumers/survivors and consumer-run organizations across the United States. Services and products include informational materials; on-site training and skill-building curricula; electronic and other communication capabilities; networking and customized activities promoting self-help, recovery, leadership, business management, and empowerment. For more information contact:

Consumer Organization & Networking Technical

Assistance Center (CONTAC)

P.O. Box 11000

Charleston, WV 25339 Phone: 304-345-7312

Toll-free: 888-825-TECH (8324)

Fax: 304-345-7303

E-mail: <u>usacontac@contac.org</u> Internet: <u>www.contac.org</u>

#### **Other Sources of Information**

There are many sources of information that you can tap. Your area mental health authority, which is generally a part of the local government, may be useful. Other branches of your city or county government also may be able to help. For example, the education office might have information about help for children, and the agency for the aging might know about services for senior citizens. In addition, your family physician or area hospital may be able to make referrals. For legal advice, contact your local bar association or go to <a href="https://www.findlegalhelp.org">www.findlegalhelp.org</a>. Also, your local library and telephone yellow pages may have resource lists for sources of help in your community.

SRG-FL 01/07

